



No.: IGU/Sports/2020/...590-625

Date ...15.06.2020

To

All the Chairpersons/Incharges/Branch Officers  
I.G. University, Meerpur.

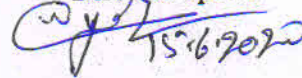
**Sub: Online Yoga Activities on International Day of Yoga.**

Sir/Madam

This is for the kind information of all concerned that Indira Gandhi University Meerpur is going to organize an online International day of Yoga programme on 21<sup>st</sup> June 2020 at 7:00 AM to 7:45 AM to promote Yoga awareness and to spread the message about the benefits of regular practice of Yoga especially in contagious of Covid 19, among the Students/Employees. As per the orders of University authorities, the participation in online Yoga Programme is mandatory for all the regular and contractual teaching staff as well as all non-teaching staff including out-sourcing. The Chairperson/Incharges/Branch officers of University are requested to direct their staff/students to participate in online Yoga activities on International Day of Yoga. The Link for the same will be arranged soon for the participants.

Yours sincerely,

Sd/-  
Director Sports

  
15.6.2020

C.C. to:

1. O.S.D. to Vice-Chancellor ( for kind information of the Hon,ble Vice-Chancellor), I.G.U. Meerpur.
2. P.A. to Registrar ( for kind information of the Worthy Registrar) I.G.U. Meerpur.
3. Incharge, University Website with the request to upload the above letter on the University Website.