

DEPARTMENT OF YOGA (Science)
TIME TABLE for M.Sc. Yoga for IIIrd Semester 2020-2021
w.e.f. 17-08-2020

TIME	9.00 -11.00am	11.00-12.00N	12.00-1.00pm	1.00-2.00pm	02.00-3.00pm		03:00-5.00pm
Day							
Monday	Yoga Practical MSY-304 (AK/DY)	Teaching methodology of Yoga MSY301 (DY)	Research Methodology & Statistics MSY-303 (PK/SSD)		Principles of Upanishad MSY-308 (PK)	Health Education MSY-309 (Komal)	Practical-2 MSY-305 (SSD/DD/PK)
Tuesday	Yoga Practical (AK/DY)	Do	do		do	do	Practical-2 (SSD/DD/Komal)
Wednesday	Yoga Practical (AK/Komal)	Do	Biomechanics & Kinesiology MSY-302 (DD/SSD)		do	do	Practical-2 (SSD/DD/DY)
Thursday	Yoga Practical (AK/Komal)	Do	do		do	do	Practical-2 (SSD/DD/DY)
Friday	Yoga Practical (AK/PK)	Research Methodology & Statistics MSY-303 (PK/SSD)	do		OEC (DD)	Seminar (Komal)	OEC MSY-310 (DD)
Saturday		do	do		OEC MSY-310 (DD)	Seminar MSY-306 (Komal)	Self Study MSY-307 (DY/PK)

SSD - S.S Dabas (surjit.dabas@gmail.com)

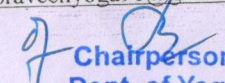
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AK- Amit Kumar (amit.yoga253@gmail.com)

KK- Komal (kk.yoga1503@gmail.com)

DD- Devender Dhaka (dhakajumper83@gmail.com)

PK- Praveen Kumar (praveenyoga90@gmail.com)


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