

Indira Gandhi University
Meerpur-Rewari



इंदिरा गाँधी विश्वविद्यालय
मीरपुर-रेवाड़ी

(A State University Established under Haryana Act No. 29 of 2013)
(Recognized u/s 12 (b) & 2 (f) of UGC Act 1956)

Department of Yoga

IGU/YOGA/2026/69

Date: 19.06.2026

NOTICE

Subject: Celebration of 12th International Day of Yoga

All students of M.A. Yoga are hereby informed that the Department of Yoga, in collaboration with the Dean Students' Welfare, is organizing a Yoga Program to celebrate the 12th International Day of Yoga.

Event Details:

- **Date:** 21st June 2026
- **Time:** 6:30 AM IST
- **Venue:** Kalpana Chawla Hall

Instructions for Students:

- Attendance is mandatory for all 2nd and 4th-semester M.A. Yoga students.
 - Arrive at the venue by 6:15 AM for smooth coordination.
 - Wear comfortable yoga attire or the designated department uniform.
 - Bring your personal yoga mats and water bottles.
- Your active participation is essential to make this national health initiative a grand success.



Chairperson
Department of Yoga
Indira Gandhi University, Meerpur