

**Indira Gandhi University
Meerpur - Rewari**



**इंदिरागाँधीविश्वविद्यालय
मीरपुर - रेवाड़ी**

A State University Established under Haryana Act No. 29 of 2013)
Recognized u/s 12 (b) & 2(f) of UGC Act, 1956

No. IGU/PSY/2026/138

Date: 08 Oct 2026

INVITATION

The Department of Psychology, in collaboration with the Women Cell and Maharaja Agrasen Chair, Indira Gandhi University, Meerpur-Rewari, cordially invites all the faculty members, officers, non-teaching staff, research scholars and students to attend one-day workshop on "Enriching Mental Health in The Digital Age"

Date: 09.10.2026

Time: 10:30 AM

Venue: Seminar Hall-I, Sardar Patel Bhawan, IGU, Meerpur-Rewari

Your gracious presence will add to the dignity of the programme.

All Chairpersons/Heads are requested to kindly motivate and encourage students of their respective departments / offices to register for the programme in large numbers and make the occasion meaningful and successful.

Note:- E-certificates will be provided to all the participants. Scan the QR Code to register for the workshop.



Dean

Dr. Manju Puri

Dean, Faculty of Behavioural and Cognitive Sciences
Indira Gandhi University
Meerpur, Rewari, Haryana-122502

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A copy of the above is forwarded to the following for information and necessary action:

1. A.R. to Vice Chancellor (for kind information of the Hon'ble Vice Chancellor), Indira Gandhi University, Meerpur-Rewari.
2. P.A to Registrar (for kind information of the worthy Registrar), Indira Gandhi University, Meerpur-Rewari.
3. All the Dean/Director/Chairperson(s) of UTDs of IGU, Meerpur, Rewari
4. Directors, UCC, with a request to upload the notice on the University Website.
5. PRO, Indira Gandhi University, Meerpur, with a request to cover the event.
6. Engineering Branch, IGU – for making necessary arrangements, including uninterrupted power supply etc.
7. DSW, IGU – for making necessary arrangements for the event.
8. Warden, Boys Hostel – for arrangements regarding lunch.

Dean
Faculty of Behavioural and Cognitive
Indira Gandhi University
Meerpur, Rewari, Haryana-132503